



# LAND STEWARDSHIP PROJECT'S FARM BEGINNINGS®

For our soil, our farms, our food and our future

507-523-3366  
Driftless Region

www.farmbeginnings.org  
Spring 2009

Field Day

## Small Farm Vegetable Field Day Rockland, WI

### Five Acres and a Hoe

with Pat Slattery of Sweet Ridge Farm and  
Loyal Order of the Hoe

Saturday, May 2      1 - 4 PM

Please RSVP by April 24

**Free for LSP members and the public**  
"Thanks to support from Organic Valley"

This workshop is designed for participants to see and understand how one family over a series of years has worked to make a portion of their livelihood on five acres. The farm works with both permaculture and bio-intensive growing techniques. The trials and tribulations of marketing wholesale vs direct and the opportunities for small scale niche markets in certain vegetable crops will be discussed. Pat has been a member of Organic Valley's vegetable coop since the early 1990's and also sells to two coop retailers. Sweet Ridge Farm also markets directly to the consumer. Pat sells hoes and digging forks through Loyal Order of the Hoe and the tour of the gardens will help participants understand where tractor power is used and how much of the work on five acres is done by hand. An ample amount of question and answer time will also afford participants the chance to draw their own understanding of what makes Sweet Ridge Farm tick.



- What vegetable crops are profitable to grow on a small scale
- Bio-intensive and permaculture techniques
- Wholesale vs. Direct to Consumer
- Animals or no animals?
- Can you actually make part of your living on five acres?

The mission of Sweet Ridge Farm is to produce nutritionally dense foods that positively affect people's health. Our low-tech farm tools help us accomplish this mission. The farm has four principle markets: Organic Valley Cooperative, Viroqua Food Coop, People's Food Coop, and direct to consumer.

Sweet Ridge Farm, W692 HWY 33, Rockland, WI 54653  
To sign up for this field day contact Parker Forsell  
507-523-3366 or [parker@landstewardshipproject.org](mailto:parker@landstewardshipproject.org)